

Shelter

- ☐ Tent
- ☐ Ground cloth/tarp
- ☐ Extra stakes
- ☐ Shade tarp/poles/rope/stakes
- ☐ Axe or hammer
- ☐ Mat for tent entrance
- ☐ Dust pan/brush

Bedding

- ☐ Sleeping bag
- ☐ Sheets/blankets
- ☐ Pillow
- ☐ Air mattress/sleeping pad/cot/tarp
- ☐ Air pump
- ☐ Repair kit for air mattress
- ☐ Utility bags for storage

Cooking

- ☐ Large water jug & water bucket
- ☐ Coolers/ice
- ☐ Thermos
- ☐ Stove with fuel/propane
- ☐ Matches/lighter
- ☐ Charcoal/firewood/buddy burner
- ☐ Dutch oven/tin can stove/box oven/etc
- ☐ Campfire grill/BBQ grill
- ☐ Fire starters/newspaper
- ☐ Tablecloth/thumb tacks/clips
- ☐ Plates & bowls/paper plates & bowls
- ☐ Silverware/plastic silverware
- ☐ Measuring cups
- ☐ Heavy-duty aluminum foil
- ☐ Paper towels
- ☐ Trash bags
- ☐ Dish soap
- ☐ Clothes pins
- ☐ Cooking oil/Pam spray
- ☐ Containers for food storage
- ☐ Potholders/oven mitts
- ☐ Pots and frying pans with lids
- ☐ Soap for outside of pots and pans
- ☐ Cook utensils-spatula, knife, spoon
- ☐ Tongs
- ☐ Skewers/grill forks
- ☐ Can opener/bottle opener
- ☐ Folding table
- ☐ Dutch oven
- ☐ Pie irons

- ☐ Mugs/paper cups
- ☐ Mixing bowl
- ☐ Cutting board
- ☐ Ziplock bags
- ☐ Napkins
- ☐ Dish pan
- ☐ Dish rags/towels
- ☐ Scrub pad/brillo
- ☐ Seasonings/sugar/condiments
- ☐ Potato peeler

Clothes

- ☐ Shoes/boots
- ☐ Jeans/pant/belt
- ☐ Shorts
- ☐ T-shirts
- ☐ Socks/extra socks
- ☐ Hat
- ☐ Bandana
- ☐ Sweatshirt/jacket
- ☐ Underwear
- ☐ Sleep clothes
- ☐ Rain gear
- ☐ Swim suit/towel
- ☐ Laundry bag

Personal

- ☐ Shower shoes/flip flops
- ☐ Towels/washcloth
- ☐ Soap in plastic case/shampoo
- ☐ Tooth brush/tooth paste
- ☐ Deodorant
- ☐ Comb/brush
- ☐ Razor
- ☐ Feminine products
- ☐ Toilet paper
- ☐ Shower bag or 5 gallon bucket
- ☐ Camping shower/shower pump
- ☐ Other personal items
- ☐ Personal medications – take extra

Miscellaneous

- ☐ Sunscreen/chapstick
- ☐ Lantern with fuel/mantles
- ☐ Extra batteries/bulbs
- ☐ Compass
- ☐ Bug repellent/candles
- ☐ Whistle
- ☐ Water filters/purification/treatment

- __ Camera/battery/film/
- __ Books/magazines
- __ Candles
- __ Maps/directions
- __ Misc. tools
- __ Backpack/fanny pack
- __ Fishing gear/license/bait
- __ Radio
- __ Musical instruments/song books
- __ Camp chairs
- __ Sunglasses
- __ Hammock
- __ First aid kit
- __ Tissues
- __ Saw/axe
- __ Park map/guidebooks/trail maps
- __ Lantern pole or hanger
- __ Collapsible drying rack
- __ Popcorn
- __ Marshmallows, Graham crackers, Hershey bars (Smores)
- __ Flashlight/batteries
- __ Pocket knife
- __ Plastic grocery bags
- __ Binoculars
- __ Rope/clothes line
- __ Canteen/water bottle/coffee pot
- __ Bungi cords/straps
- __ Cards/games/toys
- __ Duct tape/electrical tape
- __ Notepad/pen
- __ Reservations info./confirmation
- __ Cell phone/charger & 2-way radios/walkie talkies
- __ Small shovel
- __ Safety pins
- __ Money/ID/credit card/quarters
- __ Bikes/helmets
- __ Travel alarm clock
- __ Work gloves
- __ Umbrella
- __ Hand wipes
- __ Drinks/snacks
- __ Small sewing kit
- __ Fire extinguisher
- __ Hot chocolate/tea bags/coffee
- __ Scissors
- __ Watch

Tell someone of your plans – give details of where you are going and when you expect to return, give directions and possible alternative roads that you may take, provide cell phone numbers, vehicle description and license plate numbers, hand-held radio channel and codes that you will use, and provide local authority phone numbers (State Police, Game & Fish Commission, Sheriff Dept, etc.) for the county or area that you will be in.

Basic First Aid Kit

- ☐ Personal medications
- ☐ Roll bandages
- ☐ Adhesive tape
- ☐ Antiseptic wipes
- ☐ Sterile gauze pads
- ☐ Cotton swabs
- ☐ Tweezers
- ☐ Safety pins
- ☐ Scissors
- ☐ Bee sting kit
- ☐ Sinus medications
- ☐ Tissues
- ☐ Bug repellent
- ☐ Sunscreen
- ☐ Notepad/pen
- ☐ Sterile compresses
- ☐ Splinting materials
- ☐ Personal information/contact person
- ☐ Feminine products
- ☐ Ipecac
- ☐ Razor blades
- ☐ Plastic bags
- ☐ Small bottle of water
- ☐ Blanket
- ☐ Other personal needs
- ☐ Small mirror
- ☐ Triangular bandages
- ☐ Misc. Band Aides/bandages
- ☐ Anti-acids (Tums, Rolaides)
- ☐ Antibiotic cream
- ☐ Aspirin/Ibuprofen/Tylenol/Naproxin
- ☐ Hydrogen Peroxide
- ☐ Ace bandages
- ☐ Sunburn lotion
- ☐ Burn ointment
- ☐ Snake bit kit
- ☐ Eye drops
- ☐ Poison ivy cream/cleansers
- ☐ Heat/cold packs
- ☐ Small flashlight
- ☐ Latex gloves
- ☐ Antibacterial soap
- ☐ Thermometer
- ☐ Coins for emergency phone calls
- ☐ Antibiotic soap
- ☐ Butterfly bandages
- ☐ Twine
- ☐ Mole skin for blisters
- ☐ Road flares
- ☐ First aid manual
- ☐ Nail clippers

Additional First Aid Tips

- Take a First Aid class and a CPR class – keep current on this information
- Keep supplies in a well marked, durable, waterproof container
- Keep the contents organized
- Know how to use everything in your first aid kit
- Inspect content often, re-supply as needed
- Keep readily available at all times

Home Preparedness Supplies – This list is not all inclusive, include what you need for your needs, most of the items are in categories and you will have to list what is needed in the category. EX Hygiene Products

Buckets & Lids

Canning Jars

Dehydrator

Food sealer

Ziplock bags

Mylar bags, Oxygen absorbers

Water jugs

Food

Seasonings

Wood for woodstove or fireplace

Camp stove & propane/butane

Grill & Charcoal

Heaters & Fans

Tarp & Duct Tape

Plastic Sheeting

Hygiene Products – Think of what you need from head to toe to keep clean and comfortable

Cleaning Products – What you need to keep home and clothes clean and sanitized

Wash Board & Clothesline, pins

Needle & Thread, Sewing Products and Materials

Oil Lamps, candles, flashlights, etc. – Oil lamps last longer than candles and are just as flammable if one is not careful, don't forget the wicks. Flashlights and some Lanterns require batteries, and some are solar.

Garbage bags – Look for contractor strength bags, less likely to puncture, often holds more, can, in an emergency, hold/store human waste. There are specific bags for human waste collection often in the camping sections.

Foil, parchment paper, wax paper, saran wrap

Baking soda – medicinal use, odor control, used in scrubbing clean, etc.

Feminine Care products – Look into reusable items. You can find patterns and in-depth information on how to make and take care of these products.

Razors – many uses besides shaving

Hot water bottles for relieving pain, etc.

Medical Kit – First Aid items, consider surgical tools for the body as well as dental. Someone may know how to use them if they are available.

Fuel – Gas, Propane, Butane, Kerosene, Oil

Tools – Multitools, shovels, picks, sockets, wrenches, pliers, drills, etc.

Pet Care Products

Rain Suit

Firestarter Products, flint, matches, etc.

Sleeping bags, blankets, pillows, etc.

Towels, etc.

Batteries

Radio

Hand and feet warmers

Masks

Bite Kits – snake, insects, etc.

Whistle

Mosquito netting

Hammock

Whet stone – Knife sharpener

Compass, maps, GPS – Learn to use the compass and/or know directions from the moss on trees or the stars. GPS will give your location, as will your phone. Depending on the situation, you may need to destroy your phone so as not to be found.

Solar panels and battery pack

Extra glasses, contact lenses, hearing aid products, etc.

Various lengths of rope and cording

Binoculars

Paper products – plates, cups, napkins, towels, toilet paper, etc.

Camping chair/stool

Hiking stick – can help with digging holes, etc.

Clothes – consider the seasons

Books, puzzles, toys, etc.

Candy, powdered electrolyte drink mixes

Bible, song book

Fire Extinguisher

Tools – Large Wrench/Pliers shutting off gas and water, regular tools, shovel

Gas and oil, car maintenance supplies

Suggested Books

Backpacking – will help you understand weight and how to multi-task the equipment in the pack

Cookbooks that focus on “Master Mixes” – These have recipes that you mix a large batch of a mix, such as pancake/waffle mix, and when you are ready to make pancakes or waffles, you use from the large batch much in the same way you use commercial mixes.

Herbal Remedies – Be careful to understand the book, some books introduce the New Age philosophy, such as spirits in the herbs or chants, etc.

Food Preservation for dehydrating, freezing, canning, etc.

Make-It-Yourself – products for hygiene, cleaning, etc.

Gardening

Basic and Advanced First Aid

Survival Books

Tree, Plant, Medicinal Herb Identification books, especially for your area

Haynes Manual for your car